

Ralphies Spring 2017 Menu - Week 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------|---|--|--|--|--|
| Main - Choose one | 2 x Pork Sausages and gravy Pasta sauce selection and garlic bread | Sweet and Sour Chicken Quorn Hotdog and coleslaw | Roast Quorn fillet, stuffing and gravy | Shepherds Pie Yorkshire puddings filled with Mash and Veggie Sausages | Battered Fish Pizza |
| Choose one | Mash Pasta | Rice Jacket wedges | Roast potatoes Pasta | Mash Pasta | Chips Pasta |
| Veg - as much as you like | Sweetcorn Carrots Broccoli | Sweetcorn Carrots Beans | Broccoli Carrots Sweetcorn | Cabbage Carrots Sweetcorn | Beans Sweetcorn Peas |
| Main | Jacket Potatoes Cheese and Tuna | Jacket Potatoes Cheese and Tuna | Jacket Potatoes Cheese and Tuna | Jacket Potatoes Cheese, beans and Tuna | Jacket Potatoes Cheese and Tuna |
| as much as you | Salad Bar and dips | Salad Bar and dips | Salad Bar and dips | Salad Bar and dips | Salad Bar and dips |
| Main | Selections of rolls, baguettes and wraps | Selections of rolls, baguettes and wraps | Selections of rolls, baguettes and wraps | Selections of rolls, baguettes and wraps | Selections of rolls, baguettes and wraps |
| Choose one | Selection of puddings - jellies, fruit, biscuits, cheese and biscuits. | Selection of puddings - jellies, fruit, biscuits, cheese and biscuits. | Selection of puddings - jellies, fruit, biscuits, cheese and biscuits. | Selection of puddings - jellies, fruit, biscuits, cheese and biscuits. | Selection of puddings - jellies, fruit, biscuits, cheese and biscuits. |