

Ralphies Spring 2017 Menu - Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main - Choose one	Gourmet Burger Bar including: Beef, Chicken or Vegetarian burgers, with selection of toppings	Beef Lasagna Mild mixed bean and vegetable wrap	Roast Beef with yorkshire pudding and gravy Cheese and Onion Pasty	Traditional Chicken Pie Stir Fry Vegetables and Noodles	Fish Fingers Pizza
Choose one	Potato wedges Pasta	Jacket wedges Pasta	Roast potatoes Pasta	Mash Pasta	Chips Pasta
Veg - as much as you like	Sweetcorn Carrots Baked Beans	Sweetcorn Carrots Cabbage	Broccoli Carrots/Peas Sweetcorn	Cabbage Carrots Sweetcorn	Beans Peas Sweetcorn
Main	Jacket Potatoes Cheese and Tuna	Jacket Potatoes Cheese and Tuna	Jacket Potatoes Cheese and Tuna	Jacket Potatoes Cheese, beans and Tuna	Jacket Potatoes Cheese and Tuna
as much as you	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips
Main	Selections of rolls, baguettes and wraps	Selections of rolls, baguettes and wraps	Selections of rolls, baguettes and wraps	Selections of rolls, baguettes and wraps	Selections of rolls, baguettes and wraps
Choose one	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.