

Ralphies Summer Autumn 2018 Menu - Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main - Choose one	Pasta Carbonara	Meatballs in Tomato Sauce	Roast Beef, Yorkshire Pudding and Gravy	Creamy Chicken Curry and Rice	Battered Fish
	Brunch Muffin	Creamy Vegetable Slice	Vegetarian Sausage Toad in the Hole	Quorn Nuggets	Cheese and Tomato Pizza
Choose one	Mashed Potatoe	Steamed Rice	Roast Potatoes	Jacket Wedges	Chips
	Pasta	Pasta	Pasta	Pasta	Pasta
as much as you like	Selection of Veg	Selection of Veg	Selection of Veg	Selection of Veg	Selection of Veg
Main	Jacket Potatoes Cheese and Tuna	Jacket Potatoes Cheese and Tuna	Jacket Potatoes Cheese and Tuna	Jacket Potatoes Cheese, beans and Tuna	Jacket Potatoes Cheese and Tuna
as much as you like	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips
Main	Selections of rolls and wraps	Selections of rolls and wraps	Selections of rolls and wraps	Selections of rolls and wraps	Selections of rolls and wraps
Choose one	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.