

PUNCHLINE BOXING SKILLS



Punchline Boxing Skills is based at the Standon & Puckeridge Community Centre:- founded by Adam Davidson (ABA Certified Coach). We are now offering places to Young Boxers (7-9) and Youth Boxers (10-15) at our Spring/Summer Sessions (May to August). Our classes are strictly **NON CONTACT** but with a heavy slant on technique, fitness and personal discipline. We have been successfully running these classes for a few years now and we are sure Parents of our existing Students will testify to the growing self confidence and ability of our youngsters.

Coaching Times:

Youth Boxers (Boys & Girls 10 - 15) Wednesday Evenings 6:30

Young Boxers (Boys & Girls 7 - 10) Thursday Afternoons 3:30

We also run classes for older teenagers and adults at this and other venues,- these classes are very well attended and popular with people of all abilities - should you wish to find out more about these or any of the classes mentioned,- please phone Adam for more information.

"RING ADAM FOR MORE DETAILS"

Contact Details:

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Adam can also be contacted or viewed via facebook.

