

## Ralphies Summer/Autumn 2018 Menu - Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main - Choose one</b>	Sausages and Gravy  Mixed Bean and Vegetable Borrito	Beef Chilli Con Carne and Rice  Macaroni Cheese with Garlic Bread	Roast Chicken with Stuffing and Gravy  Vegetarian Stir Fry with Noodles	Spaghetti Bolognese  Southern Style Quorn Fillet	Fish Fingers  Cheese and Tomato Pizza
<b>Choose one</b>	Mashed Potatoes  Pasta	Pasta  Potato Wedges	Roast Potatoes  Pasta	Jacket Wedges  Pasta	Chips  Pasta
<b>as much as you like</b>	Selection of Veg	Selection of Veg	Selection of Veg	Selection of Veg	Selection of Veg
<b>Main</b>	Jacket Potatoes Cheese and Tuna	Jacket Potatoes Cheese and Tuna	Jacket Potatoes Cheese and Tuna	Jacket Potatoes Cheese, beans and Tuna	Jacket Potatoes Cheese and Tuna
<b>as much as you</b>	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips
<b>Main</b>	Selections of rolls and wraps	Selections of rolls and wraps	Selections of rolls and wraps	Selections of rolls and wraps	Selections of rolls and wraps
<b>Choose one</b>	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.