

## Ralphies Spring/Summer 2018/2019 Menu - Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main - Choose one</b>	Chicken Tikka Massala	Maccaroni Cheese & Garlic Bread	Roast chicken with stuffing and gravy	Spaghetti Bolognaise	Fish Fingers
	Quorn Hot Dog	Sausage Meat Plait & Gravy	Quorn fillet	Spicy Bean Burger	Cheese and Tomato Pizza or Pepparoni Pizza
<b>Choose one</b>	Rice	Mashed Potatoe	Roast Potatoes	Jacket Wedges	Chips
	Pasta	Pasta	Pasta	Pasta	Pasta
<b>as much as you like</b>	Selection of Veg	Selection of Veg	Selection of Veg	Selection of Veg	Selection of Veg
<b>Main</b>	Jacket Potatoes Cheese and Tuna	Jacket Potatoes Cheese and Tuna	Jacket Potatoes Cheese and Tuna	Jacket Potatoes Cheese, beans and Tuna	Jacket Potatoes Cheese and Tuna
	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips
<b>as much as you like</b>	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips	Salad Bar and dips
<b>Main</b>	Selection of rolls and wraps	Selection of rolls and wraps	Selection of rolls and wraps	Selection of rolls and wraps	Selection of rolls and wraps
	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.	Selection of puddings - jellies, fruit, biscuits, cheese and biscuits.
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