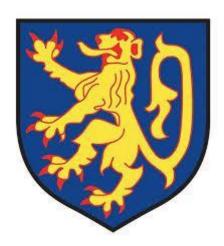
# RALPH SADLEIR SCHOOL

Students of Today, Citizens of Tomorrow



# ANTI-BULLYING POLICY STUDENT VERSION

### What is bullying?

"Bullying is the wilful, conscious desire to hurt or threaten someone else"

There are different types of bullying:

- Psychological (being excluded from groups and rumours)
- Cyber (abusive text messages, internet messages, Al images)
- Verbal (threats, name calling and racism)
- Physical (punching and kicking)

Any behaviour that is a deliberate regular attempt to harm, threaten or upset another is bullying.

# What is being done?

- The issue of bullying will be included in lessons and class work e.g. Drama, English
- Bullying will be addressed during House Group time and PSHE
- Staff will supervise outside areas for students during break and lunchtime
- The Student Council often discuss new ways to prevent bullying

#### Who to go to for help:

Any member of school staff or your parents or a friend who will be able to talk to an adult on your behalf

## What will happen if bullying is reported?

- The victims will be talked to along with other witnesses
- The accused "Bully" will be talked to, to get their version of events
- Everything said will be kept confidential, where possible
- Other staff, students and parents will be involved, where needed
- Parents/carers will be kept fully aware
- A record will be placed in all the involved students' files
- All students will be made aware that such behaviour will not be tolerated
- Bullies will receive consequences according to the school's Behaviour Policy

#### Links

The websites listed below offer direct links to other sources of information for students.

Stonewall: www.stonewall.org.uk

Useful information and links on LGBTQ issues.

Advisory Centre for Education: www.ace-ed.org.uk

Registered charity independent of central or local government giving free advice and support to parents of children in state schools.

BBC Schools: <a href="https://www.bbc.co.uk/schools">www.bbc.co.uk/schools</a> Includes information about bullying.

Bully OnLine: www.bullyonline.org

Information on bullying for teachers, children and schools which details the legal procedures available. This site also lists support groups for teachers.

Bullying Online: www.bullying.co.uk

Useful information and links on bullying and related issues for parents, children and teachers.

ChildLine: www.childline.org.uk

Primarily a helpline for children but has useful information and links on bullying. Chips (Childline in Partnership with Schools) encourages schools to support students in setting up anti-bullying projects.

The Children's Society: www-the-childrens-society.org.uk

'Bullying! Information for parents on how to help your child' – leaflet giving information and practical guidance.

Kidscape: www.kidscape.org.uk

Advice for children, parents and teachers as well as training and sample policies.

Schools Out!: http://www.schools-out.org.uk

Campaigns for better support networks for gay and lesbian students and clearer guidance for teachers on issues of sexuality.

Topmarks: www.topmarks.co.uk

Aims to provide easy access to the best educational websites including information on bullying for teachers, parents and young people.