

# RALPH SADLEIR SCHOOL

Students of Today, Citizens of Tomorrow



## ANTI-BULLYING POLICY STUDENT VERSION

### What is bullying?

**“Bullying is the wilful, conscious desire to hurt or threaten someone else”**

There are different types of bullying:

- **Psychological** (being excluded from groups and rumours)
- **Cyber** (abusive text messages, internet messages, AI images)
- **Verbal** (threats, name calling and racism)
- **Physical** (punching and kicking)

Any behaviour that is a deliberate regular attempt to harm, threaten or upset another **is** bullying.

### What is being done?

- The issue of bullying will be included in lessons and class work e.g. Drama, English
- Bullying will be addressed during House Group time and PSHE
- Staff will supervise outside areas for students during break and lunchtime
- The Student Council often discuss new ways to prevent bullying

### Who to go to for help:

Any member of school staff or your parents or a friend who will be able to talk to an adult on your behalf

### **What will happen if bullying is reported?**

- The victims will be talked to along with other witnesses
- The accused “Bully” will be talked to, to get their version of events
- Everything said will be kept confidential, where possible
- Other staff, students and parents will be involved, where needed
- Parents/carers will be kept fully aware
- A record will be placed in all the involved students’ files
- All students will be made aware that such behaviour will not be tolerated
- Bullies will receive consequences according to the school’s Behaviour Policy

### **Links**

The websites listed below offer direct links to other sources of information for students.

Stonewall: [www.stonewall.org.uk](http://www.stonewall.org.uk)

Useful information and links on LGBTQ issues.

Advisory Centre for Education: [www.ace-ed.org.uk](http://www.ace-ed.org.uk)

Registered charity independent of central or local government giving free advice and support to parents of children in state schools.

BBC Schools: [www.bbc.co.uk/schools](http://www.bbc.co.uk/schools)

Includes information about bullying.

Bully OnLine: [www.bullyonline.org](http://www.bullyonline.org)

Information on bullying for teachers, children and schools which details the legal procedures available. This site also lists support groups for teachers.

Bullying Online: [www.bullying.co.uk](http://www.bullying.co.uk)

Useful information and links on bullying and related issues for parents, children and teachers.

ChildLine: [www.childline.org.uk](http://www.childline.org.uk)

Primarily a helpline for children but has useful information and links on bullying. Chips (Childline in Partnership with Schools) encourages schools to support students in setting up anti-bullying projects.

The Children’s Society: [www-the-childrens-society.org.uk](http://www-the-childrens-society.org.uk)

‘Bullying! Information for parents on how to help your child’ – leaflet giving information and practical guidance.

Kidscape: [www.kidscape.org.uk](http://www.kidscape.org.uk)

Advice for children, parents and teachers as well as training and sample policies.

Schools Out!: <http://www.schools-out.org.uk>

Campaigns for better support networks for gay and lesbian students and clearer guidance for teachers on issues of sexuality.

Topmarks: [www.topmarks.co.uk](http://www.topmarks.co.uk)

Aims to provide easy access to the best educational websites including information on bullying for teachers, parents and young people.